



ADA (American Diabetes Association) Clinical Update Course 2025

January 31 - February 2, 2025; Orlando, FL + Virtual; Resource Hub – Draft

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**Welcome to our resource hub for ADA Clinical Update Course 2025!** This is a one-stop-shop for everything on the conference. We will be updating the resource hub daily, so check back in for the latest on this magical meeting.

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## Useful Conference Links

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- [Day-by-Day Conference Preview](#)
- [Conference Program](#)

## Day-of Conference Reports

- [ADA CUC 2025 Day #1 Highlights](#)
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- [ADA CUC 2025 Day #3 Highlights](#)

## Conference Highlights

1. [Time in euglycemia](#): Medtronic’s Dr. Robert Vigersky proposes 50-55% TITR as most appropriate target to reduce risk of complications
2. [Key updates in the 2025 ADA Standards of Care](#): CGM for non-insulin T2D, tech use in the hospital and pregnancy, compounded GLP-1 RAs, and more!
3. [Dr. Stephen Brunton celebrates the “evolution” and “revolution”](#) of diabetes management over decades in opening keynote
4. [“We cannot leave nutrition behind”](#): Dr. Victoria Bouhairie shares strategies to incorporate healthy eating habits into patient care
5. [Exploring T1D vs T2D](#), considering patient goals, and, essentially, exercise: a lively case study discussion
6. [Midlife, Menopause, and Diabetes in whole women health](#): The importance of understanding menopause, exercise, and potential hormone replacement therapy
7. [Addressing increasing issue of men’s health](#) in diabetes
8. [A first glimpse at the Exhibit Hall](#)
9. [Hyperglycemic crises](#): Dr. Rodolfo Galindo reviews the 2024 consensus statement and offers structural approach to DKA management
10. [Dr. Rozalina McCoy shares diabetes classification](#) strategies for T1D, T2D, and LADA

11. [Preserving muscle mass](#): The importance of pairing exercise and sufficient protein intake with GLP-1 RA therapies
12. [Dr. Sylvia Rosas explores CKD prevention and treatment](#), from pharmacotherapy to real-world considerations
13. [Dr. Samar Hafida shares practical, clinical considerations](#) for obesity pharmacotherapy
14. [Dr. Sagar Dugani on the present and future of diabetes care](#) in underserved populations
15. [It takes a village](#): Dr. Kimberly Gudzone on team-based, methodical approaches to obesity and mental health issues
16. [Dr. Elizabeth Beverly reviews psychosocial care](#) for people with diabetes in the 2025 ADA SOC
17. [“Wild, Wild West”](#): Dr. Joshua Neumiller advises against compounded products
18. [Dr. John Anderson spotlights present and future CV risk management strategies](#), including in asymptomatic individuals
19. [GLP-1 RAs beyond obesity](#): Dr. Joshua Neumiller reviews expanding indications of incretin-based therapies
20. [Dr. Grazia Aleppo on the latest in diabetes technology](#): CGM coverage for T2D not on insulin, OTC CGM, and AID for T2D
21. [“Purely scientific solutions to societal problems are doomed to fail”](#): Dr. David Kerr on AI in diabetes and primary care

### **Previous ADA Clinical Update Course (Formerly ADA Postgrad) Coverage on CCKB**

- [ADA Clinical Update Course 2024 Resource Hub](#)
- [ADA Clinical Update Course 2023 Resource Hub](#)
- [ADA Clinical Update Course 2022 Resource Hub](#)
- [ADA Postgrad 2021 Full Report](#)
- [ADA Postgrad 2020 Highlights Report](#)
- [ADA Postgrad 2019 Full Report](#)